I am Patrick Crocetta's personal trainer and have been for over a year. I can personally testify that Patrick is one of my best. An athlete, who is coachable, self-motivated and accountable to positive improvement and true results—this is what separates Patrick from most of my other clients or athletes. Patrick understands what hard work is and demonstrates his efforts every session I have with him. As a side-note, Patrick is a true salesman. Early on in our relationship Patrick would ask me about my goals and where I saw myself in the next few years professionally. I am 26 and early on in my trainer/coaching career and I enjoyed listening to him talk about the similarities between selling homes and selling training sessions to new clients. Patrick even spent a couple of hours with me talking about the sales focus of improving people's lives and really leading them to a place they would not go on their own. Not only for getting more sales but for holding them accountable to where they ultimately want to be. Patrick turns 40 next year and I am proud to say I had the opportunity to be a part of his drive of becoming more confident, motivated and accountable than ever before.

Sincerely,

John LeBlanc

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